REFUGE
COUNSELING · SUPPORT · EDUCATION

Safe From the Start

# TRUST-BASED RELATIONAL INTERVENTION CAREGIVER GROUP



## WHAT IS TBRI?

**TBRI® (Trust-Based Relational Intervention)** is a science-based caregiving approach designed to build trust and **connection** between caregivers and children—especially those who have experienced trauma or challenging life circumstances. It helps children feel **safe, understood, and supported.**

## WHO CAN ATTEND?

It's open to caregivers or individuals willing to grow in their role, with a focus on **building connection, trust, and healing** through **Trust-Based Relational Intervention (TBRI) principles.**

## WHY YOU SHOULD COME?

Learn practical tools to **build stronger connections** with your children and support their **healing** through **empathy, trust, and understanding —** both for you and your child.

## WHEN AND WHERE?

**This is a closed group, and participants are asked to commit to attending all 12 weekly sessions.**

**Schedule:** Groups meet once a week for 12 weeks. Dates and times vary by session.

**Location: 144 East Ferguson Ave**
**Wood River, IL 62095**

**Interested in joining an upcoming group?**
Contact Angie at 618-251-9790 ext. 223

## QUESTIONS/SIGNUP

**A children's group is available, but space is limited.** Please call to reserve your child's spot.

For any questions regarding classes or to register, contact: **Angie Darden at angie@refuge4kids.org or 618-251-9790 ext. 223.**